

Curriculum Vitae of Michele Ritterman, Ph.D.

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Education

Graduate

1977-1979 Ph.D. in Clinical Psychology, Temple University, PA

1972-1977 Masters in Clinical Psychology, Temple University, PA

Undergraduate

1971 Completed Equivalent of B.S. in Psychology

1969 Secondary Education Certification

1964-1968 B.A. in English, University of Wisconsin at Madison

Graduate internships and awards

1980 Recipient of an Outstanding Woman of the Year Award

1979 Recipient of Research Grant from CIBA Pharmaceutical Company

1977-1979 Recipient of Two-Year NIMH Fellowship for Research on Hyperactive Children and Their Families

1975-1979 Post-Internship Training at Philadelphia Child Guidance Clinic and personal seminars with Milton Erickson, M.D.

1974-1975 Clinical Internship at Philadelphia Child Guidance Clinic with Salvador Minuchin, Jay Haley, Braulio Montalvo and Milton H. Erickson in Phoenix Arizona

1972-1976 National Institute of Mental Health (NIMH) Doctoral Candidate Fellowship

Publications: Papers and Books

2008 The Tao of a Woman Skipping Stones Editions

2007 El Tao de Una Mujer Skipping Stones Editions

2006 Woman's Wisdom, Skipping Stones Editions

Summer, 2005

Using Hypnosis in Family Therapy, Zeig Tucker, republished as a classic. In print since 1983.

2001

"The Philosophical Position of the Ericksonian Psychotherapist," The Handbook of Ericksonian Psychotherapy, edited by Geary and Zeig, Tucker and Theisen, Inc., Publishers, February, 2002.

"The Centennial Year of Milton Erickson and Family Therapy," The California Therapist, July-Aug., pp. 51-54, 2001.

2000

"Ten Points of Ericksonian Psychotherapy," Zeig-Tucker Publishers.

1995

"Stopping the Clock", Networker, pp. 45-51, paper on time in psychotherapy.

1993

"Five-Part Poetic Induction in Favor of Human Decency," published by Brunner Mazel, editor, Jeffrey K. Zeig. A first of its kind, an hypnotic induction for a group to share in a positive feeling to counter the hate movements that were prevalent during this time in the U.S.

1992

"Notes of a Psychology Watcher: Words that Harm, Words that Heal," Erickson Newsletter, Vol. 12, No. 3, Autumn, Phoenix, AZ.

1990

"Understanding and Treating Latin American Torture Survivors," with Rich Simon, in The Social and Political Contexts of Family Therapy, Marsha Mirkin, Allyn and Bacon, pp. 277-288. "Understanding and Treating Latin American Torture Survivors," with Rich Simon, in The Social and Political Contexts of Family Therapy, Marsha Mirkin, Allyn and Bacon, pp. 277-288.

Hope Under Siege: Terror and Family Support in Chile, From Frontiers of Psychotherapy Series, Ablex, Norwood, NJ; then Greenwood Publishers.

1988

Empleo de Hipnosis en Terapia Familiar, Book Translated into Spanish, Amorrortu Editores, Buenos Aires, Argentina.

Liebe Und Terror: in Chile, Verlag Modernes Lernen, Dortmund, Germany

1987

"Inhumanity and the Human Family," Australian and New Zealand Journal of Family Therapy, Vol. 7, No. 1, Editor's Guest Article.

"Symptome: Zwischen Sozialer, Repression und Innerer Freiheit," in Familien Dynamik, Klett-Cotta, Stuttgart, Germany, Heft 1, Jan., pp. 15-39.

1986

"Agresion," Published in Spanish in Terapia Psicologica, Año V, No. 8, Santiago, Chile, pp. 54-60.

"Torture: The Counter-Therapy of the State," The Family Therapy Networker, January-February, 1987, pp. 43-47.

"The Bridge is Love," Report from Human Rights Taskforce of American Family Therapy Association, (AFTA). AFTA Newsletter, #26, Winter, pp. 24-28.

"Hipnosis y Terapia Familiar: sus Estrechadas Vinculaciones," Published in Spanish in Sistemas Familiares, Buenos Aires, Argentina.

"Exploring Relationships Between Ericksonian Hypnotherapy and Family Therapy," in Indirect Approaches in Therapy, Steve de Shazer, Ed., Aspen Publishers, Rockville, MD

L'ipnosi nella Terapia della Famiglia, Book translated into Italian, Casa Editrice Astrolabio, Roma, Italia.

1985

"The Family's Hypnotic Pull," The Family Therapy Networker, March-April Vol 9, #2, pp. 22-26.

"Symptoms, Social Justice and Personal Freedom," Journal of Strategic and Systemic Therapies, Vol. 4, #2, pp. 48-63.

"Family Context, Symptom Induction and Therapeutic Counterinduction: Breaking the Spell of a Dysfunctional Rapport, in Ericksonian Psychotherapy Vol. II: Clinical Applications, edited by Jeffrey K. Zeig, Brunner Mazel, Inc., N.Y., pp. 49-70.

1983

"Spell-Breaking and Spell Binding," paper presented at Second International Ericksonian Congress, Phoenix, AZ. Using Hypnosis in Family Therapy, Jossey-Bass Publishers, Inc., San Francisco, CA.

1982

"Hemophilia, Hypnosis and Family Therapy," Abstract presented at American Clinical Hypnosis 25th Anniversary Meeting, October, Colorado.

"Hemophilia in Context: Adjunctive Hypnosis for Families with a Hemophiliac Member," Family Process, Vol. 21, pp. 469-476.

"Abuses of Medical Neutrality and Mental Health," Panel at Orthopsychiatry, San Francisco, April, 1982.

1980

"Hypno-Structural Family Therapy," in Group and Family Therapy: An Overview, Wolberg and Aronson, Eds., Brunner-Mazel.

1979

"Outcome Study for Ritalin, Placebo and Family Therapy Treatment of Hyperactivity." Abstract presented to Eastern Psychological Association, March, Philadelphia, PA.

"Outcome Study for Ritalin, Placebo and Family Therapy Treatment of Hyperactivity." Abstract presented to Eastern Psychological Association, March, Philadelphia, PA.

1970

"Classificazione Paradigmatica della Teorie di Terapia Familiare," Terapia Familiare, Vol. 2, Dicembre, pp. 105-135, (In Italian).

"The Loyal Deviants," (on the relationships between individual greatness and great social dilemmas), Adolescence, Vol. IV, 18, pp. 223-230.

"Paradigmatic Classification of Family Therapy Theories," Family Process, March, Vol. 16, No. 1, pp. 29-49.

Published Reviews and Interviews written about Michele and by Michele

Sufi Newsletter interview by Jamal Granick, 2009.

2005 review of Sex, Love and Violence by Cloe Madanes for MHE newsletter

2004 review of Kay Thompson's book for MHE newsletter

2004- Front page interview with Michele Ritterman by the Erickson Foundation Newsletter, Vol. 24, No.2, Summer 2004. Interview by Sharon McLaughlin, M.A.

1992

Sistemas Familiares, Interview of Michele by Cecile R. Herscovici, Ano 8, No. 3, pp. 83-88, Buenos Aires, Argentina.

The St. Louis Jewish Light, book review of Hope Under Siege, by Bob Cohn.

The Express, May, Publishers Row, Robert Hurwitt, book review of Hope Under Siege.

1991

"Living with Love and Terror," Voices, Vol. 27, #3, Fall, by Jurgen Hargens.

1988

"Interview with Michele Ritterman, Ph.D.," by Jane Parsons, NYSEPH Newsletter, Feb., Vol. 4, #1.

"Familie und Familientherapie im Faschismus, Ein Interview Mit M. Ritterman," by Arist V. Schlippe. Interview in International Systema, Heft 3, West Germany.

1986

"Working with El Salvadoran Refugees," Interview by Ann Bernstein, AFTA Newsletter, Summer, 324, pp. 1-7.

1983

"The Erickson Legacy," in The Family Therapy Networker, Sept.-Oct., Vol. 7, #5, pp. 40-45.

Audio-tapes and CD's Available from www.micheleritterman.com

2005 First of their kind CD's on Shared Couples Trances for www.hypnotherapy.com, evolved from my own special concept of family and couple trances as natural occurrences that may be used or abused by therapists and the world at large.

2004 "The Problem of Human Evil," from the Erickson Foundation lecture, Dec. 2004 and Dec. 2003 Ericksonian Cut to the Chase Couples Therapy, for the Erickson Foundation in Phoenix and SF respectively.

8/25/03 Radio interview by Larry Bensky on KPFA on relationships at the turn of the century

"Poetry and Hypnotist Values," From the Erickson Foundation, Tape E297-IB, December, 1992.

"Working with Children and Families," From the Erickson Foundation, Tape number 320-142 A and B, 1983.

Television and Educational Video-tapes and DVD's available

DVD on "The Problem of Human Evil"

DVD on workshops on couples in Rottweil and Bad Orb Germany with live couples interviews.

Featured guest on Primetime NBC's Maureen O'Boyle show on Hypnosis, New York, February 3, 1997.

"The Suicidal Young Woman," in English with Spanish subtitles, teaching tape available from Ritterman.

From "Peacemakers," Los Angeles, Cable Television, two-parts, one on therapists and the hate movements, including part of poetic induction in favor of human decency, one on hypnosis and family therapy, 1993.

From "People Are Talking," Interview segments on Torture, 1988, San Francisco. Available from Ritterman.

National and International Lectures, Seminars, Speeches and Workshops

2010 Taoist Conference in Oakland, "Stance, Trance and Transmission: Responding to the Moment

2010 CAMFT presentation "Healing the Feminine Psyche

2009 Book Party at Passages for Tao of a Woman

Workshop at John F. Kennedy University, "Observing Naturally Occurring Trance States in Couples and Couples' Therapy"

2009 July 24-26 workshop to be given for Esalen on working with couples therapy

2009 August invited to Italian Erickson Congress

2008 Workshop for the Networker in Washington D.C.

2008 Workshop on couples therapy in Madrid for Erickson Foundation

2007 Book Party at Elephant Pharmacy for Woman's Wisdom book

October, 2006, S.F. Workshop on Invisible Therapy for the First West Coast Networker conference

2006 Eight Week Continuing Education Course for Therapists, Body Workers and Educators on Maximizing the Healing Power of Connection

September 2006- Three Day workshop in Tel Aviv, Israel on developing clinical thinking about couples and family therapy and healing

2006 Workshops for the Milton H Erickson Foundation of Germany in Bad Orb March 16-19 and Rottweil

2006 workshop for the Milton H Erickson Foundation in Bern, Switzerland

2005 April 15-17 NYSEPH master class Ericksonian Couples Therapy: What's Love Got to Do With It

2002-2003

Ericksonian Hypnotherapy in Couples Work: What's Love Got to do With It," a two ten week workshops for the Milton H. Erickson Institute of the Bay Area and for Continuing Education Credit for all Ph.D. Psychologist.

2001-2005 Eight Week Continuing Education Workshops in Oakland and Berkeley on Couples Therapy for Ph.D. Psychologists only

2004 Keynote on The Problem Of Human Evil for The Milton H. Erickson Foundation of the Bay Area and

2004 Lecture on Spiritual Awakening for the Milton H. Erickson Foundation

of Phoenix, AZ.

2004 Couples Therapy Course in Phoenix for Erickson Foundation

2004 Two day workshop on Brief Therapy with Couples, Guadalajara, Mexico

2004 Workshop on Brief Therapy with Couples for the Universidad Nacional de Mexico, Mexico City.

2004 3- day workshop on couple trances in Tel Aviv Israel

2004 workshops on Spiritual Awakening and Couples Therapy, Phoenix AZ MHE Foundation

2002-2004 "Ericksonian Hypnotherapy in Couples Work: What's Love Got to do With It," a two ten week workshops for the Milton H. Erickson Institute of the Bay Area and for Continuing Education Credit for all Ph.D. Psychologist.

2001 Two Day Workshop on Couples Therapy, Guadalajara, Mexico

2000 Erickson Congress Presenter, Phoenix, AZ

1997

(November) Chile

(March) "Demystifying Hypnosis," Family Therapy Networker Symposium, WA, D.C.

1996

"Life Intruding on Theory: Working with Couples as One's Own Marriage is Unraveling," Meetings of the American Family Therapy Academy

(September) "Working with Time and Trance," Association of Family Therapists of Northern California

(May) Keynote Speaker on "Promoting a Positive Social Force," U.C. Davis Conference on Gender Violence

1995

(October) "Stopping the Clock: Recapturing Time in Healing," Eugene, Oregon

(October) "Time Space and Synchronicity in Family Therapy," New Mexico Psychological Association

Bay Area Marriage and Family Counselors

First Hospital of Vallejo

1994

Erickson Congress in Phoenix and L.A.

Family Therapy Networker Conference in D.C. and Minnesota

1993

(July) "Love and Other Difficulties: Making Relationships Work," Cape Cod Summer Symposia

(June) Integrating Hypnosis and Family Therapy," First Hospital of Vallejo, CA

(May) "Psychotherapists and State Terror," Orthopsychiatry Panel, S.F., CA

(May) "Abusive Family Trances," "Countering Negative Entrancement in Psychotherapy," "Political Oppression as Mass Trance: Breaking the Spells of Cynicism and Hate," and "Couples: Romancing Your Spouse," Clinical Hypnosis Society of Canada, Banff, Canada

(January) "Hypnosis in Marital and Family Therapy," For Treating Abuse Today, Seattle, WA
1992

(May) "La Familia y Sugestiones Hipnoticas," (In Spanish), Buenos Aires, Argentina

(May) "La Familia y Sugestiones Hipnoticas," (In Spanish), Santiago, Chile
1991

(November) "Using Hypnosis in Marital and Family Therapy," Catholic Social Services Masters in Residence Series, San Rafael, CA

(September) "Hope Under Siege: The Power of Family in Times of Social Crises," International Structural Family Therapy Conference, Philadelphia, PA

(April) Presenter for Conference: "The California Edge: Psychological Interventions in the '90s," Asilomar, California
1990

(October) "Using Hypnosis in Marital and Family Therapy," Springfield, MO

(May) "Hipnosis y Terapia Familiar: Sus Estrechaz Vinculaciones," (In Spanish), Santiago, Chile, International Conference on Families (March)

(March) "Using Hypnosis in Marital and Family Therapy," for Treating Abuse Today, Seattle, WA

1989

(February) "Breaking the Negative Trance: Recovery From Social and Family Inductions," Northern California Society of Clinical Hypnosis

1988

(November) Book Tour for Liebe und Terror throughout Western Germany

1987

(October) "Family Therapists and Human Rights" Family Therapy Networker Conference in Washington, D.C.

(August) "Denouncing Torture," for Australian Amnesty International

(August) "Integrating Hypnosis and Family Therapy," Australia, for the Australian Hypnosis Society, and the Australian Family Therapy Association

(July) Family Therapy Supervision, Capetown, South Africa and Consultation with survivors of torture in Soweto

(March) "Families Under Siege," Association of Family Therapists of Northern California

1985

(July) Family Therapy Live Supervision, Capetown, South Africa

(June) "Using Hypnosis in Family Therapy," New York Milton H. Erickson Society (NYSEPH)

(October) "Can Therapists Entrance Society?" Rome, Italy, First International Conference on Hypnosis and Family Therapy

(July) "Using Hypnosis in Family and Marital Therapy," Houston, TX
(May) "Hypnotic Phenomena in Families," Annual Prominent Speaker Series for the Coastal Community Counseling Center of MA
(March) "Using Hypnosis in Family Therapy," Arlington, VA
(March) "Hypnosis in Family Therapy," Southeast Institute Spring Conference, Myrtle Beach, South Carolina
(January) Family Therapy Workshop and Demonstrations, Eugene Center for Psychological Services, Oregon (January)
(January) "Symptoms and Effects of Repression Among Salvadoran Refugees," Council for Human Rights in Latin America, Oregon

1984

(December) "Expanding Systems Theory: A Look at Victims of War, Refugees and Torture Victims," Association of Family Therapy of Northern California
(November-December) "Utilization Approaches to Hypnotic Induction and Suggestion," and "Trance and Action: Mental States, Rights and Action," for the Erickson Congress, L.A., CA
(November) "Breaking the Spell of a Dysfunctional Rapport and The Symptom as a Gift," Workshop, Milwaukee Psychiatric Hospital
(October) "Family Therapy and Hypnosis," Workshop in Germany
(September) "Family Therapy Seminar," for Tri-Cities Alternatives of San Francisco (October) "Family Therapy and Hypnosis," Workshop for German Family Service Association of America, Asilimar, CA, with East and West Germans toward reunification
(October) "Celebrating Children," The Casey Family Program and the Child Welfare League of America, Helena, Montana
(September) "Hypnotic Influence within the Family," San Francisco Academy of Hypnosis
(August) "Hypnosis for Refugees and Terror Survivors," Heredia, Costa Rica
(June) "Using Hypnosis in Family Therapy," Glendale Family Service Western Regional Institute
(June) "Families and Hypnosis," Family Service Association of America, Asilimar, CA
(May) "Hypno-Structural Family Therapy," Eugene Psychological Services Center, Eugene, OR
(May) "Using Hypnosis in Family Therapy," Eastfield Children's Center, California
(May) "Hypnosis and Structural Family Therapy: Integration and Live Supervision Applications," Eugene Institute, Eugene, Oregon (February)
"Hypnotic Techniques for Family Therapists," NIFTY, Seattle, WA
(February) "Hypnotic Techniques with Single Parent Families,"

1983

(October) "Using Hypnosis with Families," California Graduate School of Marital and Family Therapy, Marin, CA
(September) "Hypnotic Techniques in Systems Therapy," Sudbury Algoma Hospital, Sudbury, Ontario, Canada

(June) "Hemophilia in context," Association of Family Therapy of Northern California

(May) "Suicide, a Case Study," Video Presentation and Lecture to Northern California Hypnosis Society

(May) "Symptoms as a Reflection of the Individual in Family and Social Contexts," Ghost Ranch Conference, New Mexico

(January) "Adapting Therapeutic Strategy to a Particular Case," Northland Mental Health Center, Hibbing, Minnesota 1982

"Using Hypnosis in Family Therapy," Workshop for NIFTY, Seattle, WA

"Structural and Strategic Therapies," Workshop for Family Service Association of California

"Ericksonian Contributions to Family Therapy," for MRI

"Hemophilia in Context: Preliminary Considerations," for the Mental Research Institute (MRI) of Palo Alto, CA

"Hemophilia in Context: Preliminary Considerations," for the Mental Research Institute (MRI) of Palo Alto, CA

"Three Levels of the Symptom Metaphor," Workshop at Ghost Ranch, New Mexico

"Hypnosis in Family Treatment," Workshop in Sudbury, Ontario, Canada

1981

"Hypnosis by Hypnotist, Family Members and the Family Therapist," Northern California Family Therapy Institute

1980

"Hypno-Structural Family Therapy," Two eight week Seminars for the North-West Family Therapy Training Institute (NIFTY), Seattle, Washington

"Adjunctive Hypnosis in the Treatment of Hemophilia," Pacific North-West Chapter of the National Hemophilia Foundation 1979

"Hyperactivity: Diagnosis and Management," Psychiatry Grand Rounds, University of Washington, Seattle

"Parent and Family Involvement in Rehabilitation," Juvenile Rehabilitation Training Conference, Seattle, Washington

"The Use of Hypnotherapy to Facilitate Change in Families," Seattle, Washington, Mental Health North

"Concepts and Techniques of Structural Family Therapy," Everett Family Counseling Center

"Concepts in Diagnosis and Management of Hyperactivity: A Systems Perspective," Pediatric Grand Rounds, Children's Hospital of Philadelphia

"Concepts in Diagnosis and Management of Hyperactivity: A Systems Perspective," Pediatric Grand Rounds, Children's Hospital of Philadelphia

"Normal Adolescent Development and the Family," Delaware Valley Society of Adolescent Health

Poetry Published

2001--"The Outlyer's Song," Peralta Press, 2001, Oakland, CA.

1994--"The Accountant," The Sagarin Review, St. Louis, MO.
 1993--"The Therapist," Voices
 1993--"Young Love," Anabasis
 1993--"Birthright," The Sagarin Review, St. Louis, MO.1992--"Dad" 1991--"Decisions of the Head, Not of the Heart," The St. Louis Jewish Light, March 27, p. 24, MO.
 1992--"Dad" and "I Asked the Carpenter," The Sagarin Review, Vol. Two, p. 19, St. Louis, MO.
 1990--"A Kind of Light," in Hope Under Siege, Ablex, Norwood, NJ.
 1981--"A Little Camp," The Catalyst, August-September, Seattle, Washington.
 1966--"The Last Job for St. Clair," Quixote Magazine, Vol. 1, Number 5, Madison, WI.
 1966--"A Woman is Waiting," Quixote Magazine, Vol. 1, Number 4, Madison, WI.
 1963--"The Family Teaches Society's Values," Winner Honorable Mention Junior Division Wednesday Club Poetry contest, Washington University, MO.

As Yet Unpublished Novel : Awakening Deborah Goodman (completed 2006).

Academic and Research Positions

1995-2002 Adjunct Professor at Alliant University teaching Couples Therapy and Law and Ethics in Psychology and Educational Psychology courses
 1982 Editorial Board Sistemas Familiares, Buenos Aires, Argentina 1982 Weekly Supervisor and Consultant for Family Services of Marin
 1983 Editorial Board Ericksonian Monographs 2001-2005 Private Consultation to Israeli Therapist in Tel Aviv, December.
 1979 Adjunct Professor, Antioch College North West, Seattle, WA
 1979 Acting Instructor of Pediatrics and Psychiatry, University of Washington and the Children Hospital of Seattle, WA: Focus on Training of Pediatric Residents in Child and Family Development and Stimulating Research on adjunctive family hypnosis in the treatment of hemophilia
 1976-1979 Developer of Research in children's Hospital on Adolescent Obesity and Adjunctive Family and Hypnotherapeutic Treatment of the Psychosomatic components of Hemophilia and Thalassemia
 1980 Recipient of an Outstanding Woman of the Year Award
 1977-1979 Recipient of Research Grant from CIBA Pharmaceutical Company
 1977-1979 Recipient of Two Year NIMH Fellowship for Research on Hyperactive Children and Their Families

Clinical Training, Research and Consultation

2001-2004 Therapist, Team Case and Psycho-educational Consultation for Lincoln Child Center
 1995-1999 Professor, California Institute of Integral Studies, S.F., CA

1993-April expert Witness in the Case of the Wrongful Death of Steven Wilson

1993 Head of American Family Therapy Association Interest Group on Integration of Family Therapy and Hypnosis

1993-1997 Consultant to Lincoln Childcare Residential Center for Adolescents

1992-1997 Monthly Consultant, Through the Looking Glass, Serving the Disabled and their Families, El Cerrito, CA 1983 Head of American Family Therapy Task Force on Human Rights

1982 Weekly Consultant to Contra Costa Hospital at Martinez 1981-2004 Private Practice Clinician, Oakland, CA

1981 Psychologist and Head of Family Therapy Program for Kaiser, Richmond, Psychiatry Department, California

1980-1982 conducted and pioneered the first Private Live-Supervision Training Groups in Using Hypnosis in Family Therapy, Oakland California

1979-1980 Private Practice Clinician, Bothell, WA

1979 consultant to Hi-Line West Seattle Mental Health: Focus on Single Parent Families

1978-1979 Consultant to Montgomery county Probation Department, Pennsylvania

1976-1979 Developer of Research in children's Hospital on Adolescent Obesity and Adjunctive Family and Hypnotherapeutic Treatment of the Psychosomatic components of Hemophilia and Thalessemia

1976-1979 Consultant to Physicians and Nurses in Case Management at Children's Hospital of Philadelphia

1976-1979 Psychological Consultant, Children's Hospital of Philadelphia: Adolescent Inpatient and Outpatient Units, GI Clinic, and Hematology Clinic

Staff Psychologist and Supervisor, Trainer in Extern Program, Philadelphia Child Guidance Clinic

1975-1978 Administrator of a three year research comparing Drug and Family Therapy Treatments of Hyperactive Boys, ages 6-11

1975-1976 Externship Training Supervisor and Seminar Leader, Philadelphia Child Guidance Clinic

1970-1972 Co-founded and Co-ran—with American Friends Service Committee and Vista Funding—an Alternative School for Drop-out and Delinquent Youth, ages 12-18, Madison, WI

1969-1970 Taught Public High School, Verona, Wisconsin