

Esalen®

Esalen Workshop
July 24-26, 2009
CEU's for PhD, MFT, MSW

**Invisible Therapy: Helping Couples Co-create
Positive Change**

Michele Ritterman, PhD

In this workshop for therapists, educators, bodyworkers and other mental health professionals, you'll learn how to recognize and track the stuck physiological states, or negative trances, that couples can't stop triggering in each other every day. In fact, you can utilize these negative trances as the precise point for your subtle healing interventions, including shared reveries.

Invisible Therapy taps into body knowledge to sidestep habitual patterns of dialogue that prevent growth. Using hypnosis, the body leads and the brain follows; couples experience the process itself as pleasurable, thus the treatment models the delight they will know once they are liberated from their sticky patterns.

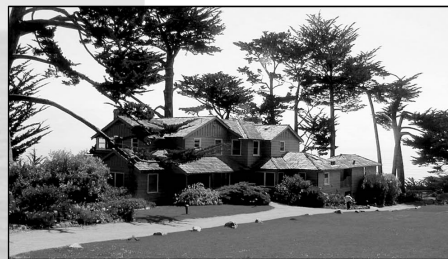
Michele Ritterman, PhD wrote the classic text *Using Hypnosis in Family Therapy. Hope Under Siege*, with a foreword by Isabel Allende, applies psychotherapeutic principles to human rights. *The Tao of a Woman* applies hypnotic mantras to the spiritual realm.

www.micheleritterman.com or 510-845-1863

Register on the web or call 831 667 3005

For additional information please contact info@esalen.org

Esalen Institute, founded in 1962, has long been recognized as a world leader in alternative and experiential education. The institute is dedicated to exploring work in the humanities and sciences that furthers the full realization of the human potential.



Dramatically situated on the Big Sur cliffs, Esalen is equally renowned for its transformational seminars and trainings, and its natural healing hot springs.



ESALEN INSTITUTE, 55000 HIGHWAY 1, BIG SUR CA 93920. TEL: 831 667 3000. WWW.ESALEN.ORG